

Baritz Wellness Center, P.C.

450 Pleasant Street, Brockton, MA 02301 • 508 583-2565 • www.baritzchiro.com

Epileptic Seizures

08/25/10-3

Epilepsy is a disorder that results from the generation of electrical signals inside the brain, causing recurring seizures. Seizure symptoms vary. Some people with epilepsy simply stare blankly for a few seconds during a seizure, while others have full-fledged convulsions. About one in 100 people in the United States will experience an unprovoked seizure in their lifetime. At least two unprovoked seizures are required for an epilepsy diagnosis.¹

Aims of Holistic Treatment

1. Support the nervous system.
2. Support the endocrine system because nervous system disruptions can affect the glands and hormonal disruptions can affect the nervous system.
3. Support blood sugar regulation, because blood sugar swings can affect the nervous system and the glands.
4. Address symptoms of nutritional deficiencies associated with anti-seizure medications.
5. Check for and address complicating factors such as food sensitivities, heavy metal burden, toxic chemicals, etc.

Whole Food Supplements²

- **Neuroplex** 3 Endocrine and brain support, appetite control
- **Tuna Omega-3** 4 Helps maintain mental function also supports healthy emotional response and mood
- **Diaplex** 9 Sugar handling support
- **Pituitrophin** 3 Endocrine and nervous system support
- **Ribonucleic Acid** 6 Helps build nervous system cells by supporting protein synthesis
- **Cataplex B** 2 B complex support, seizure medications can cause vitamin B deficiency symptoms

Herbal Liquids³

Herbals have been used for thousands of years to help persons with seizures. Traditionally liquids are used as they are 2 to 10 times more effective than tablets; however a tablet protocol is offered for those who prefer the convenience.

- **Valerian** Natural relaxant for nervous excitability
- **White Peony** Spasmolytic, anti-convulsant, anti-inflammatory, cognition enhancer, anti-allergic
- **Bacopa** Cognition enhancing, nervine tonic, anxiolytic, mild anti-convulsant
- **Ashwaganda** Adrenal tonic, adaptogenic, calming, anti-inflammatory, immune modulating
- **Gynmena** (optional) for sugar or carb cravings

Herbal Tablets³

- **Bacopa Complex** 3 Supports mental function, reaction to stress & memory especially long-term memory
- **Adrenal Complex** 3 Helps increase endurance and stamina, helps in adrenal and nervous system exhaustion
- **Gymnema** 6 (optional) for sugar or carb cravings

Life Style Support

- Low carb diet is a must. See the film *First Do No Harm* with Meryl Streep for more information on the value of a low carb diet for those with epilepsy. Available as a DVD from Amazon.com

To have a custom program created for you or for a free consult call 508 583-2565

1. MayoClinic.com

2. Standard Process Products for more info: www.standardprocess.com/display/sponlinecatalog.spi

3. MediHerb products for more info: www.standardprocess.com/display/mhonlinecatalog.spi

Statements have not been evaluated by the FDA. *Baritz Wellness Center* products & services are not intended to diagnose, treat, cure or prevent any disease. Products & services are intended to support the normal physiological & biochemical process of the human body. Information is provided for educational purposes only & not as prescriptive advice. No guarantee or assurance of any specific result is given or implied. *Baritz Wellness Center* recommends that you consult with a medical doctor before starting, stopping, increasing or decreasing prescription medication. *Baritz Wellness Center & Standard Process Inc.* are unaffiliated & mutually disclaim any responsibility for each other's statements or literature. Copyright © 2010 Robert Baritz. All Rights Reserved.